

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Bollinger County\*\*

|  | County<br>Prevalence<br>(%)* | Southeast<br>Region Prevalence<br>(%)* | State<br>Prevalence<br>(%)* |
|--|------------------------------|--|-----------------------------|
| <b>G</b> eneral                                    |                              |  |                             |
| Health Status (Fair or Poor)                       | 16.1                         | 23.2 H                                 | 16.9                        |
| No Health Coverage                                 | 11.6                         | 17.4H                                  | 12.3                        |
| <b>B</b> ehavioral Risk Factors                    |                              |  |                             |
| Physical Inactivity                                | 23.0                         | 30.6H                                  | 23.0                        |
| Current Smoker                                     | 20.9                         | 28.1                                   | 26.5                        |
| Overweight (BMI 25-29.9)                           | 39.1                         | 36.9                                   | 35.3                        |
| Obese (BMI ≥ 30)                                   | 18.9                         | 26.9                                   | 23.4                        |
| <b>D</b> isease and Conditions                     |                              |  |                             |
| High Blood Pressure                                | 21.9                         | 30.0                                   | 28.5                        |
| High Cholesterol (35 years or older)               | 36.6                         | 38.2                                   | 37.3                        |
| Asthma   | 9.9                          | 12.3                                   | 10.7                        |
| Diabetes   | 7.6                          | 7.5                                    | 7.2                         |
| Activity Limitation                                | 11.4 L                       | 20.6                                   | 17.8                        |
| <b>C</b> ancer Screening                           |                              |  |                             |
| <b>Women</b>                                       |                              |  |                             |
| Never had a Mammogram                              | 21.7                         | 20.5 H                                 | 13.4                        |
| No Mammogram or Clinical Breast Exam in Last Year: |                              |  |                             |
| 40-49 years of age                                 | 67.4                         | 58.0                                   | 49.4                        |
| 50-64 years of age                                 | 33.4                         | 44.8                                   | 35.9                        |
| 65 and older                                       | 46.9                         | 52.9                                   | 47.4                        |
| Never had a Pap Test:                              |                              |  |                             |
| 18-69 years of age                                 | 5.1                          | 3.8                                    | 5.1                         |
| 70 and older                                       | 0.8 L                        | 8.2                                    | 6.4                         |
| No Pap Test in Last Year (18-29)                   | 26.2                         | 23.5                                   | 25.8                        |
| No Pap Test in Last 3 Years (30-69)                | 13.2                         | 15.4                                   | 13.8                        |
| <b>Men and Women 50 Years or Older</b>             |                              |  |                             |
| Blood Stool Test:                                  |                              |  |                             |
| Never had a Blood Stool Test                       | 63.9                         | 63.1 H                                 | 57.0                        |
| No Blood Stool Test in Last Year                   | 83.7                         | 83.7 H                                 | 77.5                        |
| Sigmoidoscopy/Colonoscopy                          |                              |  |                             |
| Never had a Sigmoidoscopy or Colonoscopy           | 65.8 H                       | 59.0 H                                 | 49.2                        |
| No Sigmoidoscopy or Colonoscopy in Past Five Years | 73.4 H                       | 67.7 H                                 | 57.0                        |

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Bollinger county were obtained by combining data from Bollinger and Cape Girardeau counties.